



It's all about

YOU

**Re-discover your inner spark!
Find and fulfil your possibilities!**

It's all about YOU is a two-day personal development programme for women involved in the primary sector and rural communities.

Our professional facilitators ensure individual attention and a trusted environment where you will:

- Discover the true value of your skills, strengths and experiences
- Refocus, re-prioritise – no matter what stage of life you're at
- Explore new possibilities and opportunities
- Build your confidence
- Create lasting connections and become part of powerful support networks with other women and AWDT

2019 locations & dates

Putaruru	Thurs 28 Feb & Fri 1 Mar
Alexandra	Thurs 11 & Fri 12 April
Stratford	Thurs 23 & Fri 24 May
Rangiora	Thurs 27 & Fri 28 June
Napier	Thurs 25 & Fri 26 July
Blenheim	Thurs 8 & Fri 9 Aug

Investing in YOU

Thanks to our programme partners, CRS Software and DairyNZ, the cost is just \$195+GST pp for two full days dedicated entirely to YOU!

CRS
SOFTWARE LTD

DairyNZ

Want to know more?

Wondering about whether this is for you? Read the stories of some of our participants at www.awdt.org.nz/you – you might just see something of yourself there.

“It's all about YOU reminded me who I was”

“ *The course highlighted what was important to me in life. All of a sudden, I knew my preferred learning style, my strengths and what made me tick. Information is power – and boy did that make me feel powerful.* ”

- Amanda Burling, Taranaki

Each programme is limited to 14 women, so register your place now at www.awdt.org.nz/you

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awdt.org.nz