

It's all about

YOU

Re-discover your inner spark!
 Find and fulfil your possibilities!

It's all about YOU is a two-day personal development programme for women involved in the primary sector and rural communities.

Our professional facilitators ensure individual attention and a trusted environment where you will:

- Discover the true value of your skills, strengths and experiences
- Refocus, re-prioritise – no matter what stage of life you're at
- Explore new possibilities and opportunities
- Build your confidence
- Belong to new, inclusive and powerful support networks with other women and AWDT.



2020 locations & dates

Cromwell	Mon 27 & Tue 28 July
Milton	Thurs 30 & Fri 31 July
Whangarei	Mon 31 Aug & Tue 1 Sept
Matamata	Thurs 10 & Fri 11 Sept

Investing in YOU

Thanks to our programme partners, CRS Software and DairyNZ, the cost is just **\$250+GST pp** for two full days dedicated entirely to YOU!



Want to know more?

Wondering about whether this is for you?
 Read our graduate stories at www.awdt.org.nz/you
 You might just see something of yourself there.

“It's all about YOU gave me confidence and a new set of skills ”

“ *Having like-minded women on the course with me was amazing. We talked about our experiences, achievements, and future aspirations. It was a very special thing to be involved with.* ”

- Becks Tosswill , Wairarapa

Each programme is limited to 14 women, so register your place now at www.awdt.org.nz/you

Email contact@awdt.org.nz
 Phone 06 375 8180

awdt.org.nz



awdtnz Agri-Women's Development Trust (AWDT)



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